

NATURAL THERAPIES CERTIFICATION BOARD NEWS

April 15, 2009



NTCB Notes

New Re-Certification Guidelines:

The NTCB no longer requires that members send documentation of CEUs. As long as applicants sign the form being submitted, list course and CEU awards received and indicate on the re-certification form they will keep proof of course completion and CEU awards for two (2) years, the NTCB is not required to request nor keep on file any supporting physical documentation.

These guidelines have been adopted by The Higher Learning Commission and endorsed by the U.S. DOE. The Natural Therapies Accreditation Commission adopted these guidelines on March 27, 2009.

All members are required to accumulate 20 CEU/year for the next year renewal. In the event more CEUs are accumulated, the difference may be assigned to the next renewal. If you have more than one certification with the NTCB, the maximum number of CEUs is still 20 CEU/year. Please review the guidelines: <http://ntcb.org/types/biofeedback/recertification.html>

The More You Know

The Dietary Supplement Health and Education Act of 1994 exempts supplements from regulation as long as they don't claim to cure or prevent any disease. Manufacturers may state that ingredients "may" or "have been shown in studies" to promote a particular health benefit but there is no requirement for the studies cited to be current or reproducible.

A statement of benefits may also be made if accompanied by the disclaimer: "This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease." The manufacturer can also maintain substantiated proof that their product is documented to treat a nutritional deficiency, but it is up to the customer to request the proof of the claim and any supporting information. The company is not required to disclose it.

Because the companies are not required to ensure the safety or consistency of the product they sell, it is entirely up to the consumers to know what they are putting into their bodies and how that can impact their life style. This includes reading the ingredients list and researching potential results.

Have you moved lately?

Let us know how we can find you by sending us your new contact information - ntcb.info@gmail.com. Thank you!

Thanks for your continued support.

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*The views expressed in this newsletter are my personal opinions and are not to be attributed to the Natural Therapies Certification Board.
Upon receipt of information that proves that my expressed views are false or incorrect I will issue the appropriate retractions and apologies.*