



# Natural Therapies Certification Board

## NATURAL THERAPIES CERTIFICATION BOARD NEWS

May 19, 2009

### NTCB Notes

#### Insurance & Codes:

In the United States CPT (current procedural terminology) Codes are under the jurisdiction of the American Medical Association. Each year they publish the code for the following year. You may purchase the current CPT Code Manual from the AMA or through Amazon Books. Your local bookseller can also obtain this book for you. The name is "CPT Code Manual" and the most current edition is 2009.

Although CPT codes are used by most payers in the United States, each Canadian province has its own coding system. Because of the difficulty of identifying Canadian provincial codes that are equivalent to CPT codes, it is not feasible to work with all the CPT codes and all the provinces.

Insurance companies are still accepting the 90901 CPT Code for biofeedback if and when they feel so inclined. As far as we know, there are no new codes that supersede 90901. To learn more about insurance and CPT Codes (US), please read <http://ntcb.org/information/90901.pdf>

**IMPORTANT NOTE:** The NTCB is often contacted by Med-Advantage, a company that provides credentialing verification services to Fortune 500 companies, national HMO's and locally-owned managed care organizations. Questions that we are asked include the professional's designation, years of certification, and certification expiration date. Claims are often denied if the certification is not current. Won't you renew your certification today? Please contact us or visit <http://ntcb.org/apply.html> to recertify.

#### In the News:

According to an article published by the *American Botanical Council* (<http://abc.herbalgram.org>) sales of herbal and botanical dietary supplements in the United States rose slightly in some market channels in 2008, according to data gathered from market research firms. Top selling dietary supplement in the Food, Drug, Mass Market Distribution Channel is Cranberry, while the top selling botanical supplement in the Health and Natural Channel is Flax Seed and/or Oil. Biggest gain appears to be Acai, with a 120% increase in sales since 2007.

*The American Holistic Nurses Association* recently published concerns over the Catholic Bishop Guidelines for Reiki. The guidelines concluding statement asserts that:

"Since Reiki therapy is not compatible with Christian teaching or scientific evidence, it would be inappropriate for Catholic institutions, such as Catholic health care facilities and retreat centers, or persons representing the Church such as Catholic chaplains, to promote or to provide support for Reiki therapy."

However, the AHNA has taken a stand that asserts:

"Denying Reiki Creates Ethical Violations. Further, it is important to understand that any person, organization or institution denying a patient Reiki or prohibiting a nurse from administering Reiki violates the ethical principles of patient and nurse autonomy."

Reiki practitioners and other spiritual healers may seek licensure through the FSHLB - <http://fshlb.com/> or other Spiritual Coaching organizations listed at: <http://ntcb.org/accredited.html>

### Have you moved lately?

*Let us know how we can find you by sending us your new contact information - [ntcb.info@gmail.com](mailto:ntcb.info@gmail.com). Thank you!*



**Thanks for your continued support.**

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*The views expressed in this newsletter are my personal opinions and are not to be attributed to the Natural Therapies Certification Board. Upon receipt of information that proves that my expressed views are false or incorrect I will issue the appropriate retractions and apologies.*