



# Natural Therapies Certification Board

## NATURAL THERAPIES CERTIFICATION BOARD NEWS

February 22, 2011

### ✚ NTCB Executive Board Updates

- I. **The NTCB Executive Board** has approved the new Ethics and Grievances guidelines for the NTCB certified practitioner and their clients. These procedures became effective February 15, 2011 and were proposed by Erina Carey Cowan (Ethics/Grievances Chair) and Jackie Olsen (NTCB Executive Director). Please visit <http://ntcb.org/grievances/grievances.html> to review.
- II. Beginning with the March newsletter, we will have a member spotlight column to feature those Specialists or Coaches in good standing who have noteworthy achievements in the field of Natural Therapies. If you have published a book, been honored for national/state/industry recognition, etc. you may submit your information for consideration to Jackie Olsen at info @ ntc.org (no spaces). No advertising, please.
- III. Accredited Organizations in good standing may also continue to submit their events when appropriate.
- IV. NTCB's certification blueprint and designations have been approved again this year by the Institute of Credentialing Excellence.

### ✚ Frequently Asked Questions

#### How Many CEUs are required for renewal?

1. All designations require 20 continuing education units (CEU) before your next certification renewal date:
  - A minimum of 10 CEU must be in the primary area of your designation (Biofeedback, Aromatherapy, Neurotherapy, Sound Therapy, etc.) Attending a yearly accredited organization Convention or Workshop may satisfy all 20 CEUs.
  - A maximum of 10 CEU may be earned in healthcare, alternative healthcare, or self-improvement courses, seminars or workshops intended to improve the clinical skills and business practices of the NTCB professional.
  - Instruction includes correspondence or Internet-based courses, audio or video tapes, telephone conferencing and face-to-face communications. There is no limit to the maximum number of

CEU that may be applied to re-certification. CEUs may be retained for a maximum of 3 years towards recertification.

- All CEU may apply to more than one NTCB certifications. Dual certification does not require double CEU for re-certification.
- Instructors are limited to a maximum of 10 CEU for being an instructor.

3. Many of our Accredited Organizations have online webinars. Please check with them and get on their email lists: <http://ntcb.org/training.html>, <http://ntcb.org/types/biofeedback/bioaccredited.html> or <http://ntcb.org/accredited.html>.

## Health News

Last week, the Centers For Disease Control (CDC) released its 34th annual "Health, United States Report." The document is 550 pages of charts, tables and numbers about the state of healthiness across the nation. If you don't have time to read all this information.... Here's a brief summary:

1. Heart Disease is the leading cause of death; cancer is second.
2. Life Expectancy has increased to 77.9 years.
3. 20 percent of children are now considered obese between the ages of 6-11 years; 18 percent of those 12-19 years are also considered obese.
4. 34 percent of US adults are considered obese.
5. One-fifth of all adults work out at least 2 ½ hours per week.
6. Smoking remains unchanged – at least 20 percent of all adults smoke.
7. Death rate for adults age 25 to 44 decreased by 7 percent due to a reduction of cancer and HIV-related deaths.
8. The number of high school students having sex is up to 61 percent.
9. The overall percentage of adults 20 and older with high cholesterol -- defined as 240 mg/dL -- fell from 20 percent to 15 percent.
10. Between 2005 and 2008, 11 percent of all adults over the age of 20 had either diagnosed or undiagnosed diabetes. The number of adults with diabetes increased with age -- from 4 percent of all adults between 20 and 44 years old, to nearly 30 percent of all adults age 65 and older.

## Poll – please send your responses to [info @ ntc.org](mailto:info@ntcb.org)

- I would subscribe to and read an RSS Blog feed such as NTCB News Blog
- I prefer to receive my NTCB Certification News via email (such as this)
- I would like the option of having both media available

## Help Wanted

Company needs the services of a web designer that knows Dream Weaver or Coffee Cup to build spectacular five page websites. Interested prospects please contact [john @ qhiron.com](mailto:john@qhiron.com)

## Is your certification expiring?

Check your certificate or email us for your expiration date. Visit our website at <http://ntcb.org/apply.html> and follow the instructions to pay online and download a recertification form for your designation. You may also mail your recertification into headquarters (address on the application). Each designation is \$65/year.

## Have you moved lately?

Let us know how we can find you by sending us your new contact information, including email address, to [ntcb.info@gmail.com](mailto:ntcb.info@gmail.com). Thank you!

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Thanks to all for your continued support.

*Jackie Olsen*

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*The views expressed in this newsletter are my personal opinions and are not to be attributed to the Natural Therapies Certification Board. Upon receipt of information that proves that my expressed views are false or incorrect I will issue the appropriate retractions and apologies.*