

***The Codex Alimentarius Commission and Biofeedback**

Editorial by John F. Gilbert, Ph.D.

Any alternative health care product or service that replaces any pharmaceutical drug is slowly being phased out by CAC, FDA and licensing agencies in the USA. The only biofeedback professionals under direct attack now are those who are very visible in their efforts to replace pharmaceuticals. Over the next two years this will change dramatically as CAC and the FDA implement CAC guidelines more and more. Biofeedback professionals who want to save their profession and protect their income will need to make several changes in the way they do business.

Those biofeedback professionals currently licensed will have the scope of their practice limited to those conditions for which there is not a current pharmaceutical cure. This basically means licensed and unlicensed biofeedback professionals will have the same scope of practice. Unlicensed biofeedback professionals already have a scope of practice limited to relaxation, stress management, muscle re-education, pain management and peak performance or quality of life enhancement.

Any biofeedback professional currently providing services in direct competition with an approved drug might want to consider expanding their services to include relaxation, stress management, muscle re-education, pain management, peak performance and quality of life enhancement. In fact, they are well advised to explore these possibilities as an insurance against becoming financially crippled as CAC implements their regulations with the help of licensing boards and the FDA.

If you would like to stop the federal government from implementing the Codex Treaty, I suggest you subscribe to the newsletter at Health Freedom USA and stay informed. Then take whatever action is necessary to save your profession. At the same time, I suggest you protect yourself against the possibility the Codex Treaty is fully implemented.

Here's the recommended strategy for protecting yourself:

- Learn how to use biofeedback to help clients relax more and more
- Learn how to use biofeedback to help clients manage their stress
- Learn how to use biofeedback to help clients re-educate their muscles
- Learn how to use biofeedback to help clients manage their pain
- Learn how to use biofeedback to help clients improve their quality of life
- Learn how to use biofeedback to help clients perform anything better
- Create and use a very good informed consent form
- Become certified by a nationally recognized certification board
- Carry malpractice insurance to have access to great attorneys

If you practice anything else, become certified or licensed in that area of expertise too. Your primary purpose is to protect your income and save your job from extinction. Do anything reasonably necessary to serve that purpose. If you also provide aromatherapy, energy healing,

homeopathic, hypnotism, naturopathic, nutritional, reflexology, spiritual or other alternative health care services, it's to your advantage to become certified or licensed in that specialty.

While there are several agencies that certify biofeedback professionals, there is only one with a track record of helping biofeedback professionals defend themselves against charges of practicing anything without a license. There is only one that offers certification internationally in biofeedback, neurotherapy, stress management, pain management and peak performance. And there is only one that provides biofeedback professionals with viable options for surviving the full implementation of the Codex Treaty. You're visiting that board now.

Certification in Biofeedback

Certification in Neurotherapy

* "The views expressed in this letter are my own personal opinions and are not to be attributed to the Natural Therapies Certification Board. Upon receipt of information that proves that my expressed views are false or incorrect I will issue the appropriate retractions and apologies." Dr. John F. Gilbert