

## **\*The Codex Alimentarius Commission and Hypnotism**

### **Editorial by John Gilbert, Ph.D.**

Any alternative health care product or service that replaces any pharmaceutical drug is slowly being phased out by CAC, FDA and licensing agencies in the USA. The only professional hypnotists under direct attack now are those who are very visible in their efforts to replace pharmaceuticals. Over the next two years this will change dramatically as CAC and the FDA implement CAC guidelines more and more. Traditional homeopaths who want to save their profession and protect their income will need to make several changes in the way they do business.

CAC intends to change the practice of hypnotism forever. Any unlicensed hypnotist who is providing services for which a prescription drug is available is a target to be removed from the landscape. This obviously includes hypnotists helping people stop smoking and loose weight. Not so obviously, it also includes hypnotists who help clients overcome emotional and addiction issues including those brought up through exploring past lives.

This is the way CAC works. They target people providing non-drug remedies for medical, psychological, mental and emotional problems for which there is a drug specified to be the cure for that problem. They do this by raising the awareness of licensed health care professionals to be on the alert for potential people to target. They work with licensing boards to create regulations making it mandatory for anybody licensed by that board to report potential targets. The failure to do so is grounds for the revocation of their license.

Insidious. But it works.

Twenty years ago I don't think there was a psychology licensing board in America that required licensed psychologists to report other professionals who might be practicing psychology without a license. Today every psychology and counseling license board in the US has such a regulation with sanctions including suspension or revocation of their license for licensees who fail to report possible offenders. The key word here is "possible." If I'm licensed and I suspect you might be practicing psychology or counseling without a license I must report you to my board or face sanctions myself.

The good news for me is that once I report you, I'm anonymous. You'll never know it was me that reported you. The bad news is that once you're reported, you're presumed to be guilty until you can prove your innocence. It's not as easy to prove you're innocent as you might think. The prosecutor is a representative of the board and the board is the judge. Your job is to convince people who "know" you're guilty that you're not. The really bad news is the board can file criminal charges against you at any time and immediately take you into custody. The really, really bad news is that people in your situation rarely win.

But you'll have an option. You'll be able to take a pharmacology course and become licensed as a pill-pushing hypnotherapist. Codex plans to turn hypnotists into drug dealers just as certainly as they did osteopaths and psychiatrists. Those hypnotists who do not elect to become drug dealers will no longer be hypnotists. Codex plans to eliminate traditional hypnotists by December 31, 2009 under the terms of the Codex Treaty unless they comply with Codex regulations and become "harmonized" as drug pushing licensed hypnotherapists.

The only way to avoid this is to stop the federal government from implementing the Codex Treaty each and every time legislation is introduced to implement the next phase. I suggest you subscribe to the newsletter at Health Freedom USA and stay informed. Then take whatever action is necessary to save your profession.

At the same time, it may be in your best interest to protect yourself so you can continue to practice hypnotism even if the Codex Treaty is fully implemented in the USA. Here's the recommended strategy for protecting yourself:

- Learn to use hypnotism to help clients manage their stress
- Learn to use hypnotism to help clients manage their pain
- Learn to use hypnotism to help clients improve the quality of their life
- Become certified as a Board Certified Hypnotist or Hypnotist Coach
- Create and use a solid Informed Consent Form
- Carry malpractice insurance to have access to great attorneys

While there are several agencies that certify unlicensed and licensed hypnotists, there is only one with a track record of helping hypnotists defend themselves against charges of practicing anything without a license. There is only one that offers board certification internationally as a hypnotist or hypnotist coach. And there is only one that provides traditional hypnotists with viable options for surviving the full implementation of the Codex Treaty. You're visiting that board now.

If you practice anything else, become certified or licensed in that area of expertise too. Your primary purpose is to protect your income and save your job from extinction. Do anything reasonably necessary to serve that purpose. If you also provide aromatherapy, biofeedback, energy healing, homeopathic, hypnotism, nutritional, reflexology, spiritual or other alternative health care services, it's to your advantage to become certified or licensed in that specialty.

\* "The views expressed in this letter are my own personal opinions and are not to be attributed to the Natural Therapies Certification Board. Upon receipt of information that proves that my expressed views are false or incorrect I will issue the appropriate retractions and apologies." Dr. John F. Gilbert